

**LUNDI / MONDAY NOV. 13TH**

**REGISTRATION – Level A  
INSCRIPTION – Niveau A  
EN FACE - FACING SALON FRÉCHETTE**

**8:30 am**

**Salon A-B-C OPENING CEREMONY and PRAYER**

Elder Sedalia Kawennotas Fazio

**CÉRÉMONIE D'OUVERTURE et PRIÈRE**

Aînée, Sedalia Kawennostas Fazio

**Opening drum:**

**Pow Wow Rangers**

Vicky Macdonald - Sagkeeng First Nation -Ojibwe

Jamie Starr - Sagkeeng First Nation -Ojibwe

Coral Rivas - six nations - Mohawk

Megan Leinen - Listuguj - Mi'kmaq

Seayenna Lafontaine- Sagkeeng First Nation -Ojibwe

Jessica Lee - Iqaluit Nunavut - Inuk

**13 et 14 Novembre - 9h:00 à 17:00 Formation sur 2 jours  
November 13th & 14th - 9 to 5 pm 2 days training**

**Salon B ASIST ( english) / Doris Bobbish & Rosemary Thomas White**  
Applied suicide intervention skills training

**Salon A ASIST (français) / Chad Diabo & Kateri Osteorreich - Mohawk/kahnawake**  
Formation appliquée en techniques d'intervention en cas de suicide

**9:00-12:30**

**Health break-Pause santé 10:30-11h**

**Salon 1 Social room/ salle de détente**

**Salon 2 Collaboration projet CHUM & PAQ / Stéphanie Vaudry & Kim Delisle**

To familiarize oneself with the PAQ-CHUM partnership and its wellness program, to summarize the research component of the project and to identify key facilitators and barriers in developing a culturally safe and holistic program within a health establishment.

Se familiariser avec le partenariat PAQ-CHUM et le projet de mieux-être, connaître le volet recherche du projet et identifier les principaux facilitateurs et obstacles à l'élaboration d'un programme holistique et culturellement sécuritaire au sein d'un établissement de santé

**Salon 4-5 Southern Quebec Inuit Association / Association des Inuits du Sud du Québec**

Présentation de l'organisme, de la culture Inuit, le langage et les enjeux d'aujourd'hui

Presentation of the organization, Inuit culture and languages and today's issues

**Salon C Autisme et relation parent-enfant / Eric Lépine**

Comprendre l'autisme à travers la réalité de mon fils TSA et la mienne.

BIO Auteur Conférencier podcaster, père du jeune adulte autiste et moi-même Asperger.

**11:00-12:30**

**Salon 2 Mindfulness and breathing technique / Lauren McComber**

Explore the cornerstones of mindfulness and meditation, from breathing techniques to visualizations, that will bring your focus into the present moment - free from worry and stress

BIO Kanien'kehá:ka woman of the Bear Clan. She is the owner and manager of Lotus + Sage Holistics in Kahnawà:ke which opened in 2017. She is a certified Angel's Reiki Master (2016), certified Usui Reiki Practitioner (2022), certified Reflexologist (2023), and YTT 200hr yoga

student. She is a graduate of the Indigenous Women in Community Leadership certificate program (2010) through the Coady International Institute at St. Francis Xavier University and has a diploma in Social Work (2016) from St. Lawrence College.

**12:30-13:30**      **LUNCH**

**13:30-15h**

**Salon 2    Mindfulness and breathing technique / Lauren McComber**

Explore the cornerstones of mindfulness and meditation, from breathing techniques to visualizations, that will bring your focus into the present moment - free from worry and stress

**13:30-17h**                      **Health Break-Pause santé 15h- 15h30**

**Salon 4-5   Southern Quebec Inuit Association / Association des Inuits du Sud du Québec**

Présentation de l'organisme, de la culture Inuit , le langage et les enjeux

Presentation of the organization, Inuit culture and languages and today's issues

**Salon C    Développer sa conscience critique pour un système de santé plus équitable/  
Lucie-Catherine Ouimet ,Inf. M. A. (Anthropologie)**

BIO: Anishinaabe (Barriere Lake) Infirmière communautaire, Réseau de cliniques infirmières communautaires McGill du Centre d'amitié autochtone de Montréal (CAAM) et du Foyer pour femmes autochtones de Montréal; chargée d'enseignement à l'École des sciences infirmières Ingram, Université McGill.

**15:30-17h**

**Salon 2    Collaboration projet CHUM & PAQ / Stéphanie Marsan & Kim Delisle**

### **18h à 19h**

#### **Salon Jarry    Yoga / Akhira Renomeron - Filipino**

Join Akhyra in a low impact 45-minute gentle hatha yoga class followed by a 15-minute cool down meditation. Each class is open to all genders, mobility, and experience levels.

BIO: (They/Fae) is a QueerNon-Binary Energy Healer, Herbalist and Yogi practitioner based in Tio'tia:ke(Montréal). They come from a long lineage of spiritual healers, witch doctors & spiritualists, their work is rooted in providing folks with a strong foundation within their own practice, and bringing balance to the mind, body and soul by creating a safe space through healing justice.

### **18h à 20h**

#### **Salon 5        Atelier de perlage - Beading workshop / Danika St Laurent**

## ***SOINS/TREATMENTS***

### **18h À 19H30**

**Salon Kafka    REIKI one on one / Lauren McComber**

### **20h à 21h30**

**Salon Kafka    REIKI one on one / Lauren McComber**

## **MARDI/TUESDAY 13 NOVEMBRE**

### **8:00am**

**Salon Musset    Prière matinale  
Morning prayer**

**9:00-12:30**

**Health Break-pause santé 10h30-11h**

**Salon 1            Social room /Salle de détente**

**Salon 3            Mental Health commission of Canada / Logan Seymour**

**Roots of Hope: A community-led approach to suicide prevention and life promotion**

This informative session will introduce Roots of Hope, showcase how communities across Canada have successfully implemented the model, and answered questions on how interested communities can leverage the model to meet their needs. The session will also discuss an engagement opportunity contributing to investigating the relationship between substance use and suicidality and provide an overview of existing MHCC suicide resources.

BIO: Descendant of Algonquin Anishinaabe and Metis ancestry, Logan is currently the Manager of Prevention and Promotion Initiatives at the Mental Health Commission of Canada. Her personal lived experiences with mental health and suicide have informed her work at the Commission and have enabled her to engage in community storytelling and foster connections with individuals across the country. She completed a master's degree in Healthcare Quality Improvement, Risk, and Safety from Queen's University, where her master's project focused on health services utilization, costs, and clinical outcomes of individuals presenting to Ontario hospital emergency departments with mental health concerns.

**Salon 4    Honoring 2Spirit roles,identity and relations / Moe Clark and Jomarie Einish**

Participatory workshop exploring 2S roles, identity and resurgence in community. Highlighting ways that we can take better care of one another and support healthier relationships and futures for 2S kin.

BIO: Co-facilitated by Jomarie Einish (Cree + Naskapi co-founder of Two-Spirits of Eeyou Istchee/ entrepreneur) + Moe Clark (Michif 2S multidisciplinary artist + educator)

**Salon 5    How to rewire the brain/reprogram the mind-Learning new pathways to to better relationships / Joey David**

Powerpoint presentation: Neuroplasticity- How to help understand the addict brain and their overall thinking, feelings. The action of doing something that fosters a healthy mindset as opposed to a fixed mindset. Making choices to be around drugs and alcohol puts a person at risk, which may expose themselves to possible harm and vulnerability. Finding new pathways of commit and change should force the brain to rewire itself over time. Explaining what happens

during these difficult times of recovery. Having feelings of personal power, humility, strength and self-esteem which becomes resiliency. Learning new things about “self” allows a good value system to replace the old beliefs that are no longer serving us. Creating positivity to promote healthier relationships in our lives.

BIO Joey David is working in the field of addictions for almost 4 years as a Case Manager at the Tekanikonrahwa:kon Wholistic Health & Wellness Program in the Mohawk territory of Akwesasne. He has been doing counseling for almost 13 years, facilitated groups, cultural workshops, traditional practices, teachings, and conducted healing sweat lodge ceremonies, helping community members heal and the opportunity to connect with their hearts. Joey is also doing one on one healing session at the Colloque.

### **Salon C    Autisme et relation parent-enfant / Eric Lépine**

Comprendre l'autisme à travers la réalité de mon fils TSA et la mienne.

BIO: Auteur Conférencier podcaster, père du jeune adulte autiste et moi même Asperger .

### **11h-12h30**

### **Salon 2    Chakra system & balance / Lauren McComber**

Focus on the chakra system, which is made up of seven major energy centers in the body. These energy centers can become out of balance through external and internal factors, affecting an individual's holistic wellbeing. Participants will learn how to spot imbalances and to restore them through meditation, visualization, and sound.

BIO: Kanien'kehá:ka woman of the Bear Clan. She is the owner and manager of Lotus + Sage Holistics in Kahnawà:ke which opened in 2017. She is a certified Angel's Reiki Master (2016), certified Usui Reiki Practitioner (2022), certified Reflexologist (2023), and YTT 200hr yoga student. She is a graduate of the Indigenous Women in Community Leadership certificate program (2010) through the Coady International Institute at St. Francis Xavier University and has a diploma in Social Work (2016) from St. Lawrence College.

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### **13:30-15H**

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## **15:30-17h**

### **Salon 2 Young Men and Ceremonies / Michael Weston and Nodin Shaw**

Young Men & Ceremonies is a workshop that is designed for the youth of our current generation. Currently, Indigenous men have a higher suicide rate than women. 29.6 (men) vs 19.5 (women) average per 100,000 people. The objective of our workshop is to educate and tell experiences of indigenous men with ceremonies. By doing so, it will help young men find an understanding of today's world. Followed by presenting emotional and spiritual tools/methods used to persist through hardships that chase our young men today. Lastly, leaving sharing space at the end for questions.

BIO: Michael Drew Weston (Dakota) will join the Dialogue for life team to support the Healers/Elders and clients. Currently, Michael travels and works alongside Traditional Healer and Elder Harry Snowboy as a Traditional Helper. He recognizes that lives change when human beings experience trauma, and his goal in this life is to continuously learn the proper skills and mindset to bring healing to people who have experienced stress and trauma. His cultural background and focus on community have led to numerous volunteer opportunities and leadership roles. He recently graduated from South Dakota State University with an Associate of Science in General Studies

## **13h30-17h Health break-pause santé 15h-15h30**

### **Salon 1 Social room /Salle de détente**

### **Salon 3 Mental Health commission of Canada / Logan Seymour**

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**Salon C Principe de Joyce / Jennifer Petiquay-Dufresne - Directrice générale**

L'organisme , le principe, les enjeux et la relation avec le système de la santé au Québec  
BIO: Jennifer Petiquay-Dufresne, directrice générale du Bureau du Principe de Joyce. Fièvre Atikamekw de Manawan, Jennifer Petiquay-Dufresne est détentrice d'un Baccalauréat en sciences infirmières. Elle a complété un DESS en gestion publique en contexte autochtone et poursuit actuellement des études à la maîtrise en administration publique.

**SOINS/TREATMENTS**

**18H-19H30**

Salon Kafka REIKI with Lauren mcComber

**18h-19h**

Salon Lamartine Cedar bath - bain de cèdre with Viviane Snowboy

**20h-21h30**

Salon Kafka REIKI with Lauren McComber

**19h30-20h30**

Salon Lamartine Cedar bath - bain de cèdre with Viviane Snowboy

**MERCREDI/WEDNESDAY 14 NOVEMBRE**

**8:00 am**

Salon MUSSET Prière matinale  
Morning prayer



**9h-12:30**

**Health Break-pause santé 10h30-11h**

**Salon 1      Social room /Salle de détente**

**Salon 2      Centre pour homme de Mingan / Marc Lafontaine**

Présentation du Centre pour aider d'autres communautés , créer des réseaux entre différentes communautés, discuter des problématiques qu'ils vivent et trouver des façons de se rencontrer entre nations .

BIO: Marc Lafontaine est INNU et a travaillé comme professeur en éducation physique pendant 23 ans. Depuis un an, il est animateur au Centre des hommes à Mingan . Il désire aider les hommes à se prendre en main . Il est impliqué dans plusieurs activités pour rejoindre et rassembler les hommes.

**Salon 3      Working with non indigenous organizations and what the conversation of reconciliation looks like / Viviane Snowboy**

Breaking the cycles in families and communities when it comes down to relationships with non Indigenous org. and how to start healing through healthy communication and standard.

BIO: Cree mother of 6. Have grown up in ceremony and my culture. Working as Gladue writer for the Cree nation government in Mistissini. I do ceremony work such as sweats, cedar baths and blanket exercises.

**Salon 4      Cultiver l'espoir et renforcer les liens / Catherine Morissette et Geneviève Gingras-CSSSPNQL ( First Nations of Quebec and Labrador health and social services commission)**

Atelier abordant les notions de base sur le phénomène du suicide et la promotion de la vie. Les participants seront appelés à réfléchir sur les différents mythes et réalités qui entourent l'ensemble du phénomène suicidaire. On vient s'intéresser aux façons d'adresser le suicide dans son entourage et de susciter l'espoir en faisant la promotion de la vie. Il sera également question de la détresse sur les réseaux sociaux et comment y répondre. Le nouvel outil de la CSSSPNQL – Mon journal créatif 2e édition – à travers les saisons sera présenté et distribué à l'ensemble des participants.

BIO: Catherine Morissette occupe le poste de conseillère en prévention du suicide et de crises sociales depuis près de 3 ans auprès de la CSSSPNQL. Diplômée d'un baccalauréat en psychologie, elle s'affaire à offrir de la formation et du soutien en lien avec la prévention du suicide à travers les différentes communautés Premières Nations au Québec. Geneviève Jacques-Gingras est diplômée d'une maîtrise en psychoéducation, et travaille depuis plus de 6 ans en contexte autochtone. Elle occupe maintenant le poste de conseillère en prévention des

dépendances et de la violence à la CSSSPNQL depuis plus de 3 ans où elle travaille sur divers projets visant l'amélioration du mieux-être des Premières Nations.

### **Salon 5 A life promotion toolkit by Indigenous youth/ Connor Lafortune**

BIO: Connor Lafortune is from Dokis First Nation on Robinson Huron Treaty territory of 1850 in Northeastern Ontario. He completed his Bachelor's Degree at Nipissing University with a Double Honors Major in Indigenous Studies and Gender Equality and Social Justice with a minor in Legal Studies. He has begun his Masters in Indigenous Relations at Laurentian University. Connor is Anishinaabek, Queer, and Francophone. He works primarily in Life Promotion, harm-reduction, mental health, and Indigenous education through organizations such as the Thunderbird Partnership Foundation, School Mental Health Ontario, Cannabis and Psychosis Canada, and the Mental Health Commission of Canada. Above all else, Connor is a poet, an activist, oshkaabewis (helper), and a compassionate human being.

### **Salon A Jordan principle - Principe de Jordan / Jennifer King - Directrice des programmes et des opérations**

The Jordan's Principle documentary followed by presentations of different tools. Q&A  
BIO: Jennifer King (elle) est Anishinaabe de descendance mixte avec des liens familiaux avec la Première Nation Wasauksing. Elle travaille depuis plus de 15 ans dans les domaines de la recherche, des politiques et de l'engagement public en faveur des femmes et des enfants autochtones. Jennifer possède une Maîtrise en Travail social, avec une spécialité sur les méthodologies et les perspectives autochtones dans les politiques et les pratiques. Elle se passionne pour le rôle que joue l'éducation et la recherche dans la promotion de la justice, de l'équité et de la réconciliation significative au Canada. Facilitatrice expérimentée, Jennifer a écrit et coécrit plusieurs publications sur les questions autochtones et a également travaillé comme chargée de cours à l'École de travail social de l'Université de Victoria.

### **Salon B-C Mieux vivre ses pertes et le deuil- comment mieux accompagner / Micheline Anichinapéo**

Mieux vivre ses pertes et deuils tout en restant vivant auprès de nos aimées de tous les jours suivit d'activité interactive Lâcher prise.

**12:30-13:30**

**DÎNER COMMUNAUTAIRE ANIMÉ**

**13:30-17H**

**Health Break-Pause santé 15h- 15h30**

**Salon 1      Social room /Salle de détente**

**Salon 2      PREVENTION SUICIDE INTERVENTION TRADITIONNEL / Casimir Picard**

BIO: INNU de Pessamit - POLICIER .INTERVENANT CAVAC .INTERVENANT PSYCHO-SOCIALE

**Salon 3      Working with non indigenous organizations and what the conversation of reconciliation looks like / Viviane Snowboy**

Breaking the cycles in families and communities when it comes down to relationships with non Indigenous org. and how to start healing through healthy communication and standard.

BIO: Cree mother of 6. Have grown up in ceremony and my culture. Working as Gladue writer for the Cree nation government in Mistissini. I do ceremony work such as sweats, cedar baths and blanket exercises.

**Salon 4      Cercle de partage pour les hommes - Men sharing circle / Marc Lafontaine (helper Bernard Lafontaine)**

BIO: Marc Lafontaine est INNU et a travaillé comme professeur en éducation physique pendant 23 ans. Depuis un an, il est animateur au Centre des hommes à Mingan . Il désire aider les hommes à se prendre en main . Il est impliqué dans plusieurs activités pour rejoindre et rassembler les hommes.

**Salon 5      Principe de Joyce - Joyce Principle / Jennifer Petiquay-Dufresne - Directrice générale**

Relation avec le système de santé

BIO: Jennifer Petiquay-Dufresne, directrice générale du Bureau du Principe de Joyce. Fière Atikamekw de Manawan, Jennifer Petiquay-Dufresne est détentrice d'un Baccalauréat en sciences infirmières. Elle a complété un DESS en gestion publique en contexte autochtone et poursuit actuellement des études à la maîtrise en administration publique.

**Salon A      Jordan principle - Principe de Jordan / Jennifer King - Directrice des programmes et des opérations**

The Jordan's Principle documentary followed by presentations of different tools. Q&A

**Salon B-C Mieux vivre ses pertes et le deuil- comment mieux accompagner / Micheline Anichinapéo**

Mieux vivre ses pertes et deuils toute en restant vivant auprès de nos aimées de tous les jours suivit d' activité interactive Lâcher prise

**6 pm - 10 pm**

## ***POW WOW ANNUEL***

***Dialogue pour la vie***

**JEUDI/THURSDAY 16 NOVEMBRE**

### **8:00 AM**

**Salon A-B-C OPENING CEREMONY and PRAYER**

**Elder Sedalia Kawennotas Fazio**

**CÉRÉMONIE D'OUVERTURE et PRIÈRE**

**Aînée, Sedalia Kawennostas Fazio**

### **Opening drum:**

#### **Pow Wow Rangers**

Vicky Macdonald - Sagkeeng First Nation -Ojibwe

Jamie Starr - Sagkeeng First Nation -Ojibwe

Coral Rivas - six nations - Mohawk

Megan Leinen - Listuguj - Mi'kmaq

Seayenna Lafontaine- Sagkeeng First Nation -Ojibw

Jessica Lee - Iqaluit Nunavut - Inuk

**9H- 12:30pm**

**Health Break-pause santé 10h30-11h**

**Salon 1 Maman autochtone ( blog) interactif / Audrey Lise Hervieux**

Audrey-Lise Rock-Hervieux relève d'un parcours atypique, mais se sent aujourd'hui à sa place et fière d'être en mesure de partager son histoire et ses pensées. Maman autochtone est le blog d'Audrey-Lise Rock-Hervieux. Même avec la peur de se faire juger, son sentiment du syndrome de l'imposteur ou encore son parcours plutôt chaotique, la jeune femme de Pessamit s'est lancé le défi, il y a plus d'un an, de partager son histoire avec le monde. Pour se rendre où elle est aujourd'hui et pratiquer un métier qu'elle aime, elle a dû passer par plusieurs obstacles et remises en question.

BIO: Audrey-Lise Rock-Hervieux, fondatrice et blogueuse de Maman autochtone, est une mère innue de 2 enfants, de la communauté autochtone de Pessamit. Elle a travaillé dans le domaine de l'éducation pendant 6 ans avant de réorienter sa carrière sur les enjeux autochtones. Elle est actuellement étudiante en gouvernance autochtone et est en voie d'obtenir son baccalauréat en arts. Elle a d'ailleurs agi à titre de médiatrice pour le Festival TransAmériques et à titre de témoin au sénat pour la voix des jeunes leaders autochtones du Canada.

**Salon 2 A life promotion toolkit by indigenous youth/ Connor Lafortune**

**GROUPE YOUTH 18-30 ANS**

BIO Connor Lafortune is from Dokis First Nation on Robinson Huron Treaty territory of 1850 in Northeastern Ontario. He completed his Bachelor's Degree at Nipissing University with a Double Honors Major in Indigenous Studies and Gender Equality and Social Justice with a minor in Legal Studies. He has begun his Masters in Indigenous Relations at Laurentian University. Connor is Anishinaabek, Queer, and Francophone. He works primarily in Life Promotion, harm-reduction, mental health, and Indigenous education through organizations such as the Thunderbird Partnership Foundation, School Mental Health Ontario, Cannabis and Psychosis Canada, and the Mental Health Commission of Canada. Above all else, Connor is a poet, an activist, oshkaabewis (helper), and a compassionate human being.

**Salon 3      Autodétermination santé mentale et activité physique/ Mental health and physical activities / Camille Giroux, M.Sc. Kinésiologue**

***GROUPE YOUTH 12-18***

Le vieillissement s'accompagne de multiples changements, tant sur le plan physique que psychologique. Ces changements, pour de multiples raisons, peuvent apporter leur lot de bienfaits, comme ils peuvent aussi provoquer de la détresse psychologique. Dans cette présentation, vous en apprendrez plus sur l'activité physique holistique et ses bienfaits sur la santé mentale et la résilience.

BIO: Camille travaille actuellement comme agente de programme spécialiste en kinésiologie à la Direction générale de la Santé des Premières Nations et des Inuit pour la province du Québec au sein du ministère des Services aux Autochtones Canada. Baccalauréat et maîtrise en Sciences de l'Activité physique à l'UQAM. Spécialisation en autodétermination et troubles moteurs chez les jeunes et expérience importante en gériatrie pendant mes études.

**Salon 4      Indigenous youth & mental health / Shannon Rivers**

BIO: Shannon Rivers is a member of the Akimel O'otham (River People) Nation. Shannon was born and raised on the Gila River Indian Community located in the southern state of Arizona. He is an Indigenous Peoples human rights activist speaking on Indigenous movements and the fight for the rights of Indigenous Peoples. His focus has been on the immigration and migration of Indigenous Peoples into the state of Arizona and throughout the United States. Shannon served as a delegate and participant at the United Nations Permanent Forum on Indigenous Issues for nearly a decade, and from 2008 – 2010 Shannon served as Co-chair for the Global Indigenous Peoples Caucus at the UN. Shannon has conducted and hosted lectures on the United Nation Declaration on the Rights of Indigenous Peoples (UNDRIP) at the State Capital of Arizona and for numerous universities, and colleges nationally and internationally. Currently Shannon is a Native American spiritual leader and cultural advisor to the Indigenous inmate population in the state, federal, tribal, and private prisons in Arizona and California, and a Co-Chair for the Underserved Cultural Committee (UsCC) for the Dept. of Mental Health Los Angeles. Shannon received his BS from Northern Arizona University and his MA from the University of California, Los Angeles.

**Salon 5            La force de culture / Edouard Kaltush Culture - Centre de santé nutashkuan**

Connaissance et expérience des matériaux de chasse et connaissance des médecines traditionnelles. Le profil de l'enfant d'aujourd'hui et d'hier. L'impact de l'abandon de la culture et les enseignements de la culture et les valeurs.

BIO: Edouard Kaltush vient de Nutashkuan et travaille depuis 30 ans dans le programme pnlaada en toxicomanie.

**Salon A            “Nation skate youth” ! with Rose Catherine Archie**

*No need to sign up/ aucune inscription requise - open door/porte ouverte*

Empowering Indigenous youth to embrace their right to self-determination through the positive impact of skateboarding. Nations skate Youth's intention is to visit Indigenous communities and provide workshops that create a safe space for the youth to speak their voice. Teaching skateboarding and seeing the value in keeping our youth active is a great opportunity to help promote building more skateparks in communities. The art and grip tape workshops are a creative way to express themselves without being judged. The workshops help promote confidence and are a positive experience for everyone.

**Salon B            Cercle de partage pour les hommes - Men sharing circle / Marc Lafontaine  
(helper Bernard Lafontaine)**

BIO: Marc Lafontaine est INNU et a travaillé comme professeur en éducation physique pendant 23 ans. Depuis un an, il est animateur au Centre des hommes à Mingan . Il désire aider les hommes à se prendre en main . Il est impliqué dans plusieurs activités pour rejoindre et rassembler les hommes.

**Salon C      LGBTQ2S sharing circle / Tealey Ka'senni:saks Normandin & Dominik Mikkelson**

BIO: Tealey Ka'senni: saks is Kanien'kehá:ka from Kahnawake, Bear clan, adopted during the sixty scoop. In 2008, she completed her B.A. in Human Relations/ Sociology from Concordia University followed soon after with a Certificate in Personal & Professional Coaching. Tealey has worked for over 15 years in Tiohtià:ke/Montreal as a front-line worker, housing support and is presently employed at The First Peoples Justice Center of Tiohtià:ke /Montreal as Knowledge keeper /Cultural support/activity coordinator. Tealey is president of the Board of Directors of the Montreal Indigenous NETWORK. Dominick is a Two-spirit Cree-Mohawk person from a community on Treaty 6 territory near Edmonton, Alberta. They were adopted during the millennial scoop and grew up without their culture, but after years of soul searching, they started learning the Red Path.

**12h30-13h30      Lunch**

**13h30-15H**

**Salon 3      Emotional intelligence/healthy relationships, bullying - L'intelligence  
émotionnelle/relation saine, intimidation / Kateri Oesterreich and Mohawk Peacekeeper  
Jennifer Stacey**

**GROUPE 12-18 YOLD**

Bullying aspect and the risks associated.

**15h30-17h**

**Salon 3      Rite de passage - passage ritual / Elder Harry Snowboy**

**GROUPE 12-18 YOLD**



**13H30-17H**

**Health Break-Pause santé 15h- 15h30**

**Salon 1 Maman autochtone ( blog) interactif / Audrey Lise Hervieux**

Audrey-Lise Rock-Hervieux relève d'un parcours atypique, mais se sent aujourd'hui à sa place et fière d'être en mesure de partager son histoire et ses pensées. Maman autochtone est le blog d'Audrey-Lise Rock-Hervieux. Même avec la peur de se faire juger, son sentiment du syndrome de l'imposteur ou encore son parcours plutôt chaotique, la jeune femme de Pessamit s'est lancé le défi, il y a plus d'un an, de partager son histoire avec le monde. Pour se rendre où elle est aujourd'hui et pratiquer un métier qu'elle aime, elle a dû passer par plusieurs obstacles et remises en question.

BIO: Audrey-Lise Rock-Hervieux, fondatrice et blogueuse de « Maman autochtone, est une mère innue de 2 enfants, de la communauté autochtone de Pessamit. Elle a travaillé dans le domaine de l'éducation pendant 6 ans avant de réorienter sa carrière sur les enjeux autochtones. Elle est actuellement étudiante en gouvernance autochtone et est en voie d'obtenir son baccalauréat en arts. Elle a d'ailleurs agi à titre de médiatrice pour le Festival TransAmériques et à agit à titre de témoin au sénat pour la voix des jeunes leaders autochtones du Canada.

**Salon 2 Young Men and Ceremonies / Michael Weston and Nodin Shaw**

**GROUPE YOUTH 18-30 ANS**

Young Men & Ceremonies is a workshop that is designed for the youth of our current generation. Currently, Indigenous men have a higher suicide rate than women. 29.6 (men) vs 19.5 (women) average per 100,000 people. The objective of our workshop is to educate and tell experiences of indigenous men with ceremonies. By doing so, it will help young men find an understanding of today's world. Followed by presenting emotional and spiritual tools/methods used to persist through hardships that chase our young men today. Lastly, leaving sharing space at the end for questions.

BIO: Michael Drew Weston (Dakota) will join the Dialogue for life team to support the Healers/Elders and clients. Currently, Michael travels and works alongside Traditional Healer and Elder Harry Snowboy as a Traditional Helper. He recognizes that lives change when human beings experience trauma, and his goal in this life is to continuously learn the proper skills and mindset to bring healing to people who have experienced stress and trauma. His cultural background and focus on community have led to numerous volunteer opportunities and leadership roles. He recently graduated from South Dakota State University with an Associate of Science in General Studies in 2022.

#### **Salon 4      Healing through Arts / Jean Stevenson- & Delbert Sampson**

Each participant will paint a picture to express how they are feeling and/or what they are going through and they will share with the group how their artwork is helping them to have a voice and express themselves on their healing journey.

BIO: Jean Stevenson has a Masters Degree in Social Work, and has been working with Indigenous People for 30 years. She helps people who are going through physical and sexual abuse, substance addictions, intergenerational trauma, and grieving. Working with Indigenous people has helped her grow richer in her spirituality and develop her skills and abilities. Delbert Sampson has been working with Indigenous People since the early 1990s. He has worked for years helping people with addictions, incarcerated people, and residential school survivors. He went through the systems and shares his experiences and what he has learned. He helps others through his understanding of life and the teachings he has learned.

#### **Salon 5      La force de culture / Edouard Kaltush Culture - Centre de santé nutashkuan**

Connaissance et expérience des matériaux de chasse et connaissance des médecines traditionnelles. Le profil de l'enfant d'aujourd'hui et d' hier. L'impact de l'abandon de la culture et les enseignements de la culture et les valeurs.

## **Salon A “Nation skate youth” ! with Rose Catherine Archie**

No need to sign up/ aucune inscription requise - open door/porte ouverte

Empowering Indigenous youth to embrace their right to self-determination through the positive impact of skateboarding. Nations skate Youth's intention is to visit Indigenous communities and provide workshops that create a safe space for the youth to speak their voice. Teaching skateboarding and seeing the value in keeping our youth active is a great opportunity to help promote building more skateparks in communities. The art and grip tape workshops are a creative way to express themselves without being judged. The workshops help promote confidence and are a positive experience for everyone.

## **Salon B-C Mieux vivre ses pertes et le deuil- comment mieux accompagner / Micheline Anichinapéo**

Mieux vivre ses pertes et deuils toute en restant vivant auprès de nos aimées de tous les jours suivit d' activité interactive Lâcher prise

### ***SOINS/TREATMENTS***

#### **17h30-18h30**

Salon Lamartine Cedar bath - bain de cèdre with Viviane Snowboy

#### **18h45-19h45**

Salon Lamartine Cedar bath - bain de cèdre with Viviane Snowboy

**18h - 22h00**

## ***BANQUET & INDIGENOUS MUSIC SHOW***

## **Vendredi/friday 17 Novembre**

### **8:00 am**

Salon MUSSET    **OPENING CEREMONY and PRAYER**

Elder Sedalia Kawennotas Fazio

**CÉRÉMONIE D'OUVERTURE et PRIÈRE**

Aînée, Sedalia Kawennostas Fazio

### **8h30-12h30**

Salon B-C                    ***ANNUAL GENERAL ASSEMBLY***

***ASSEMBLÉE GÉNÉRALE ANNUELLE***

### **Youth Activities- Activités Jeunesse**

**9h-12:30**                    **Health Break-pause santé 10h30-11h**

Salon A            **“Nation skate youth” ! with Rose Catherine Archie**

### **9:00-10h30**

Salon Drummond            **WE MATTER / Chelsea Huntley & Eagle Blackbird**

**Presentation of their TOOL KIT**

We Matter is an Indigenous youth-led and nationally registered organization dedicated to Indigenous youth support, hope and life promotion.

## **11h-12h30**

**Salon Drummond                  Wapikoni / Xan choquette - ambassadeur**

Projection de la programmation Heads up! La tête haute! produits par des jeunes autochtones et Inuit et discussion avec ambassadeur Wapikoni

Presentation of the program Heads up! La tête haute! produced by First Nations youth and discussion with Wapikoni ambassador

**12h30-13h30                  LUNCH**

**13h30-17h                  Health Break-Pause santé 15h- 15h30**

**Salon 1                  Social room /Salle de détente**

**Salon 2                  WeMatter - How to cope with anxiety / Chelsea Huntley & Eagle Blackbird**

**GROUPE 18-30 YOLD**

We Matter is an Indigenous youth-led and nationally registered organization dedicated to Indigenous youth support, hope and life promotion

**Salon 3                  Sharing circle - Cercle de partage / Elders Lorney Bob & Sedalia Fazio**

**GROUPE 12-18 YOLD**

Français et anglais animé par 2 aînés/guides spirituels autochtones et un soutien . French and english Sharing circles facilitated by two elders/spiritual guides with support person on hand

**Salon 4                  Rattle making - Fabrication de hochet traditionnel / Connor Lafortune**

## **Salon 5      Surviving Shawbridge / Cory Golder**

I will go over my experiences in the Batshaw youth system. I will share the negative experiences and how if I had access to culture and ceremony the path I followed could have been completely different. If I had access to medicines like cedar, sweetgrass and sage I could have kept a clearer mind. Access to native role models in the system or even a mentor would have had a positive impact. My life was very negatively impacted by my time in the system. It took many years and lots of trial and error to discover what helped me center myself and start down the path to having a good life. Ceremony and culture, being active in that role and bringing it to those who are not motivated to do it for themselves, are how we can help save our youth. Teaching culture and ceremonies as well as empowering them with important roles are how we can help them help themselves and maybe one day help others.

BIO: I am Mi'kmaq and Swepmec from Listuguj quebec. I am a sundancer, pow wow dancer and am adamantly learning about sweat lodge and other ceremonies. I have been an intervention worker with the native and Inuit homeless population. I have had suicide prevention training (A.S.S.I.S.T). I was in the youth detention centers from the age of 12 to 16. Currently I will be starting workshops at the rising sun daycare to teach the children about drums medicines and songs. Working with people has always been a blessing and teaches me honor and humility.

## **Salon A      “Nation skate youth” ! with Rose Catherine Archie**

## **Salon B      Cercle de partage - sharing circle - Parents of LGBTQ2S / Tealey Ka'senni:saks Normandin & Dominik Mikkelson**

BIO Tealey Ka'senni: saks is Kanien'kehá:ka from Kahnawake, Bear clan, adopted during the sixty scoop. In 2008, she completed her B.A. in Human Relations/ Sociology from Concordia University followed soon after with a Certificate in Personal & Professional Coaching. Tealey has worked for over 15 years in Tiohtià:ke/Montreal as a front-line worker, housing support and is

presently employed at The First Peoples Justice Center of Tiohtià:ke /Montreal as Knowledge keeper /Cultural support/activity coordinator. Tealey is president of the Board of Directors of the Montreal Indigenous NETWORK.

Dominick is a Two-spirit Cree-Mohawk person from a community on Treaty 6 territory near Edmonton, Alberta. They were adopted during the millennial scoop and grew up without their culture, but after years of soul searching, they started learning the Red Path.

### **Salon C      Releasing of Trapped Emotions / Wayne Rabbitskin**

The fact is, we don't remember all our traumatic experiences or all events that caused intense emotions because some emotions are not processed like they should so they get blocked off from our memory and eventually they get trapped. And when trapped long enough, they can manifest into physical ailments and illnesses. But there are ways to release trapped emotions with the memory of the body.

BIO: Wayne Rabbitskin, an Iiyiyiu from the Cree Nation of Chisasibi (Great River), Northern Quebec, is a Founder of the National Indigenous Men's Gathering – Healing the Spirit of our Warriors. A Conflict Resolution Practitioner, Focused-Oriented Therapy Practitioner as well as a former National Native Alcohol and Drug Abuse Program (NNADAP) Worker with the Cree Board of Health and Social Services of James Bay. Wayne was born on an island that used to be known as Fort George, but the community and its People relocated in the early 80's onto the mainland. A Survivor of many struggles and challenges in life led him to focus on the unification of Indigenous Men to engage in reviving and the understanding of Ancestral teachings and how to overcome and deal with the impacts of colonialism. He continues his journey for the highest good, and to honor and respect his Ancestors' valor as a First Nations man. Not only did he survive, but he also thrived and came out with a new spin on life more wonderful than he could have imagined. His vision in becoming a healthy First Nations man led him to the creation of the Healing the Spirit of our Warriors National Gathering.

**SOINS/TREATMENTS**

**18h-19h**

Salon Lamartine Cedar bath - bain de cèdre with Viviane Snowboy

**19h30-20h30**

Salon Lamartine Cedar bath - bain de cèdre with Viviane Snowboy

**19h-21h**

SALON A

***Movie night***

**&**

***POP CORN!***

**SAMEDI/SATURDAY 18 NOVEMBRE**

**8:00 am**

Salon MUSSET Prière matinale

Morning prayer



**9h-12:30**            **Health Break-pause santé 10h30-11h**

**Salon 1            Social room /Salle de détente**

**Salon 2            Releasing of Trapped Emotions / Wayne Rabbitskin**

**YOUTH 18-30 YLD**

The fact is, we don't remember all our traumatic experiences or all events that caused intense emotions because some emotions are not processed like they should so they get blocked off from our memory and eventually they get trapped. And when trapped long enough, they can manifest into physical ailments and illnesses. But there are ways to release trapped emotions with the memory of the body.

**Salon 3            Adapted ASIST (Applied suicide intervention skills training) for youth - Formation adaptée pour jeunes ASIST (Formation appliquée en techniques d'intervention en cas de suicide) / Chad Diabo & Kateri Oesterreich**

**YOUTH 12-18 YOLD**

**Salon 4 - 5            *STRATÉGIE pour le bien-être, la sécurité et l'appartenance* / Leilani Shaw  
**DIRECTOR / Johnny Boivin- Kortanie Raye****

**Le réseau autochtone de Montréal - Montreal Indigenous Community network**

BIO:    Kortanie: *Kortanie Raye is a young Inuk and Mohawk leader from Kahnawake and the Northern village called Salluit. Kortanie is the Partnership Coordinator at The NETWORK and has been in the Indigenous sector for 4 years.*

*Johnny Boivin is a multidisciplinary artist from the Innu and Atikamekw nations, and works as Communications Assistant for the NETWORK.*

**Salon A            “Nation skate youth”    Banner making! for the walk**

Salon B-C Elders/healers panels cercle de partage / Mike Standup - Ericka Iserhoff - Joey David - Laini Lascelle - Harry Snowboy - Bryan Deer- Shannon Rivers - Sedalia Fazio

**12h30-13h30 LUNCH**

**14h-15h30**

***Walk - STAND for Life***

***Marche- Debout pour la vie***

**15h30- 16h** Health Break-Pause santé

**16h-17h**

Salon A-B-C Cérémonie de fermeture, remerciements, danse ronde et prière  
Closing ceremony, round dance and closing prayer

